

app's
restaurant

dinner menu

283 Captain Thomas Boulevard
West Haven, CT 06516

203.932.1657

appetizers

baked stuffed mushrooms

With cream cheese and crabmeat 11

baked clams casino Fresh clams baked with a mixture of sausage, red peppers, onions topped with bacon 11

fresh clams on the half shell ½ 9 dz 16

fried mozzarella

Breaded, topped with marinara sauce 9

broccoli di rabe and sausage

Sautéed with oil/garlic 12

fried calamari

With a side of spicy marinara sauce 12

new york style calamari

Tossed with hot cherry peppers 13

hot antipasto Fried mozzarella, shrimp, clam casino, manicotti, eggplant rollatine 13

tomatoes bruschetta Fresh diced tomatoes, kalamata olives, garlic, basil, capers 7

house made soup of the day cup 4.50

shrimp cocktail with horseradish sauce 12

shrimp casino

Shrimp sautéed with diced sausage, peppers, onions, topped with bacon 13

zuppe di clams

Simmered with herbs, oil and garlic, (red or white) 11

escargot Baked in the oven with garlic and butter sauce served in mushroom caps 12

mozzarella caprese

Fresh mozzarella, sliced tomatoes, basil and olive oil 12

classic caesar salad

Fresh romaine, shaved parmigiana, Caesar dressing and house made croutons 9

calamari and scungilli salad

Served over mixed greens in a garlic vinaigrette dressing, hot/sweet peppers 14

meatball or sausage each 3.00

basket of garlic bread 4 with cheese 4.50

favorites

beef bracioles

With garlic, parmigiana cheese, white wine, parsley, in oil/red sauce over rigatoni 21

chicken or sweet sausage, broccoli rabe

Tossed with oil, garlic, butter and rigatoni 20

house made manicotti Pasta stuffed with ricotta cheese, mozzarella, marinara sauce 19

house made lasagna

Pasta layered with ground beef, sausage, ricotta, mozzarella, marinara sauce 21

eggplant parmigiana Baked with mozzarella, marinara sauce, side of pasta 20

cheese ravioli Marinara sauce 18

italian combo

Lasagna, manicotti, eggplant rollatine 20

house made meatballs or sausage

Choice of Pasta: Penne, Rigatoni, Capellini or Linguine 18

pork cutlet milanese

Pork cutlet herb breaded, pan fried with lemon, butter, sherry wine, side of pasta 21

fettuccine alfredo Egg Noodles tossed with parmigiana cheese, butter and light cream 19

baby chopped clams tossed with capellini

Red or White 19

penne vodka Tomatoes, light cream, basil, Absolut Vodka sauce tossed with penne topped with asiago cheese 18

add grilled shrimp 2.00 each

add grilled chicken 5.00

above entrees served with house salad or cup of soup

pollo

chicken parmigiana

Chicken cutlet breaded, marinara sauce, baked with mozzarella 20

chicken marsala

Chicken scaloppini and mushrooms, sautéed with butter, Marsala wine 21

chicken cacciatore

Boneless chicken medallions, kalamata olives, sweet peppers, mushrooms, onions, garlic, red sauce 21

chicken with lemon

Boneless breasts of chicken cutlet, herb breaded, pan fried with sherry wine, butter, lemon 21

chicken vincent Chicken cutlets rolled with fresh mozzarella, broccoli, ham, sautéed with Sherry wine, mushrooms 22

chicken pagliacci

Breaded chicken cutlet layered with eggplant, spinach and mozzarella cheese, baked with marinara sauce 22

chicken florentine

Boneless chicken breasts, egg dipped, sautéed with lemon, white wine, butter, served over fresh spinach 22

chicken piccata

Chicken medallions sautéed with capers, lemon, white wine, butter 21

**above entrees served with house salad or cup of soup
pasta or potato or vegetable**

chicken app's

Medallions of chicken, mushrooms, hot/sweet peppers, sautéed with garlic, white wine, oregano, basil, served over thinly sliced fried potatoes 21

above entree served with house salad or cup of soup

vitello

veal francese Veal medallions egg dipped, sautéed with lemon, butter, white wine 23

veal pizzaiolo

Veal medallions sautéed with kalamata olives, sweet peppers, mushrooms, garlic and onions 23

veal piccata Veal medallions sautéed with capers, lemon, white wine, butter 23

veal rollatine Veal cutlets rolled with ham, mozzarella cheese, sautéed with Marsala wine, mushrooms 24

veal marsala Veal scaloppini sautéed with butter, Marsala wine and mushrooms 23

veal cutlet parmigiana

Veal cutlet breaded, baked with mozzarella cheese, marinara sauce 23

**above entrees served with
house salad or cup of soup
pasta or potato or vegetable**

steaks and chops

12 ounce black angus new york strip steak
Grilled with sautéed mushrooms 26

12 ounce black angus rib eye steak
Grilled with sautéed mushrooms 27

boneless center cut pork chops and rabe
Pan fried with garlic and oil 23

**above entrees served with
house salad or cup of soup
pasta or potato or vegetable**

sides

beef braciola 8.00 **broccoli di rabe** 5.00
broccoli 4.00 **spinach sautéed with garlic** 4.00
fettuccine noodles with alfredo sauce 7.50
side of pasta 4.00 **with oil and garlic** 5.00
gorgonzola cheese on house salad 1.00
side of penne vodka 6.00

combination dishes

chicken parmigiana 26

veal parmigiana 28

new york strip steak 29

Choice of:

Baked Stuffed Shrimp or Shrimp Scampi

app's mixed platter

Chicken Cutlet, Boneless Pork Chop, Sausage sautéed with hot and sweet peppers, garlic and onions over thinly sliced fried potatoes 22

chicken parmigiana and eggplant parmigiana

Baked with mozzarella cheese, marinara sauce 21

**above entrees served with house salad or cup of soup
pasta or potato or vegetable**

pesce

shrimp, whole clams, sea scallops

Simmered in a red or white sauce served over linguine 24

shrimp scampi

Shrimp sautéed with fresh garlic, butter, lemon sauce over linguine 23

shrimp florentine

Shrimp dipped in egg batter, lemon, butter, white wine served over fresh spinach 24

scrod oreganato

Fresh scrod sautéed in parsley, garlic, oregano over linguine 23

shrimp fra diavolo

Shrimp sautéed in a spicy red sauce served on a bed of linguine 23

zuppe di clams

Fresh whole clams simmered in a red or white sauce over linguine 22

above entrees served with house salad or cup of soup

baked stuffed shrimp

Our own seafood stuffing 24

shrimp parmigiana

Lightly breaded fried shrimp baked with mozzarella cheese and marinara sauce 23

scrod provencal

Fresh scrod broiled with tomatoes, capers, kalamata olives, white wine, garlic, basil 22

broiled scrod

Light butter and bread crumbs 22

broiled filet of sole

Light butter and bread crumbs 21

baked stuffed filet of sole

With seafood stuffing 23

fresh grilled salmon

With capers 23

**above entrees served with house salad or cup of soup
pasta or potato or vegetable**

Thoroughly cooking foods such as beef, eggs, fish, lamb, pork, poultry and shellfish reduces the risk of Foodborne Illness